

### **WHAT IS CLAIMED IS:**

1. An egg beater, comprising a seat, and a stirring net mounted on the seat and including a plurality of primary stirring strips and a plurality of secondary stirring strips, wherein:

5           each of the primary stirring strips has a surface formed with a helical groove.

2. The egg beater in accordance with claim 1, wherein the helical groove of each of the primary stirring strips is extended in a longitudinal direction of each of the primary stirring strips.

10           3. The egg beater in accordance with claim 1, wherein the helical groove of each of the primary stirring strips has a width substantially equal to 1mm.

4. The egg beater in accordance with claim 1, wherein the helical groove of each of the primary stirring strips has a depth substantially equal to  
15   1mm.

5. The egg beater in accordance with claim 1, wherein the primary stirring strips have overlapping portions combined with each other.

6. The egg beater in accordance with claim 5, wherein the overlapping portions of the primary stirring strips are combined with each  
20   other by soldering, so that the primary stirring strips are combined with rigidly and stably.